

## GC Gear Check

### Shower Power

Be ready for spring downpours with the **Showers Pass Pro Tech jacket**. The ultra-light (161 grams) jacket is windproof, waterproof, breathable and easily stuffs into a rear jersey pocket until needed. The tight cut minimizes flapping fabric and is stretchable enough to move with you. Elastic cuffs keep the rain out while reflective taping alerts passing motorists. Transparent enough to let you show off your jersey through the jacket. \$100. [www.showerspass.com](http://www.showerspass.com)



### Carry Everything

Fight post-workout funk with the **Dakine Wet/Dry Duffel**. Open the 28-in by 15-in x 11-in bag like a clamshell and drop your wet gear in a separate tarp-lined bottom compartment. Zip it back up and store your dry items on top. Once you're packed, reach in the insulated cooler packet for a cold recovery drink. \$60. [www.dakine.com](http://www.dakine.com)



### High-Tech Kick

Your road bike always needs a kickstand. The durable lightweight **Topeak Kickstand** has a fold-down crank arm, giving the stand a low profile on the ground. When you're ready to roll, the stand folds into a compact package that easily stows in your bag. \$30. [www.topeak.com](http://www.topeak.com)



### Electrolyte Replacement

Carrying enough electrolyte drink for a long run, bike or hike can be an issue—after all, water isn't light. Zym can help solve the problem with easy-to-carry tablets that turn regular water into an electrolyte drink. Zym replaces the sodium, potassium, calcium and magnesium that you sweat out, and has added B vitamins to help form hemoglobin in red blood cells, critical for oxygen delivery during exercise. Each tube (\$7.95) contains 10 tablets. [www.gosports.com](http://www.gosports.com)

### Night Light

For those early-morning or after-dark runs or walks, the **GoMotion Sternum Light Kit** (\$79) will help you see in the dark. Unlike a headlamp, this innovative light rests on your sternum and retrofits to hydration pack or running vest straps. The LED light features three brightness levels and an adjustable beam that you can set at super wide or narrow. Now you can see and be seen when you're out on the road or trail. Also available as a complete vest (Street Runner \$89; Trail Runner \$109), or belt (\$69). [www.gomotioninc.com](http://www.gomotioninc.com)



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